



Dr. Ke Zang's Acupuncture

Austin Location: Excelon Health Clinic

5524 Bee Cave Rd, Suite B-1

Austin, TX 78746

Phone: (512) 306-0307, Fax: (512) 306-0450

Website: www.zang-health.com

Cedar Park Location

500 W Whitestone Blvd, Suite 105

Cedar Park, TX 78613

Phone: (512) 638-5461, Fax: (512) 918-2229

Email: drzang@zang-health.com

Today's date: September 5, 2008

Name: Jan Schroeder

Occupation: Teacher

Reason(s) to visit Dr. Ke Zang's Acupuncture: For shoulder pain I have had since a ladder accident in about 1996 and problems with my legs, especially my left one after a knee surgery in April of 2007 for a meniscus tear.

★★★★★

★★★★★

★★★★★

★★★★★

★★★★★

★★★★★

- I would give Dr. Ke Zang's Acupuncture more stars than you can count.
- I would X highly recommend / recommend / not recommend Dr. Ke Zang's Acupuncture to people.
- Please write your review of Dr. Ke Zang's acupuncture and share your experience below:

Since I had a ladder accident in about 1996, I have had shoulder problems. I went to a couple doctors, one who gave me a cortisone shot, went to physical therapy for a while, and later a Chiropractor for quite a long time. They were able to fix my right arm but not my shoulders so I have lived with discomfort for a long time. In February of 2007 my legs started hurting, especially my left one, which according to a specialist, was due to a meniscus tear in my knee. I had surgery the following April and was told the pain and discomfort in my left leg would go away eventually. In January of this year (2008), I went back in because the pain and discomfort still continued so the doctor gave me a cortisone shot in my knee, which was only a temporary thing. In March, I had made an appointment for a massage because my shoulders were hurting, but that was cancelled last minute because the massage therapist didn't come in to work. I then sought out another that could fit me in that day which was a Saturday. This is how I met Dr. Zang. I believe things happen for a reason and that good can come out of bad things that happen. This was definitely a God thing. A couple of my Asian students had mentioned to me before with my leg problem, to try Chinese acupuncture and herbal medicine, which was natural with no side effects. Then God brought Dr. Zang into my life so I figured He was trying to tell me something. After answering Dr. Zang's questions about my health, he offered to do acupuncture with the massage if I wanted to try it. After that I later made an appointment to continue acupuncture treatment at one of his offices. After about 2 or 3 appointments my legs were free of pain and discomfort and my shoulders were feeling better. I discovered that he also had a weight loss program so I decided to go on it. It included acupuncture and Chinese herbal medicine. According to my scale, I lost about 17 to 18 pounds and feel great. Sometime during the treatments from the beginning to the end of May, I realized Dr. Zang had fixed yet another problem I had had since January of 2000 when I was raped. I had lost muscle control, which caused fecal incontinence and having to wear the humiliating diapers. Since then, I had been to a doctor and 4 specialists, many tests, surgery with the third specialist and biofeedback. Still having problems, the third specialist suggest seeing yet another specialist since he did all he knew how. The fourth one told me that all was done that could be done except to cut me again, putting a tube in my stomach and carrying a bag around. He said there was a specialist in Houston working on research for situations like mine and didn't know how long it would be before they came up with another way to fix such a medical problem. I refused to let them cut me again and carry a "bag" the rest of my life, so I learned to live with the problem in humiliation and feeling inhuman. Many times I had to leave church, stores, etc. because of those humiliating accidents. Until you have been there, you can't even imagine how awful it was. On the form I filled out for Dr. Zang, before he started to treat me, I mentioned my past medical problems and surgeries, but never thought to ask if he could help me with that major problem because so many specialists couldn't fix it and also because I was embarrassed to talk about it. I had to interrupt my weight program for a planned vacation for the first two weeks in June. During my vacation, I realized I

wasn't having accidents and had muscle control again, but finding it hard to believe after all these years, I kept on wearing the diapers just in case it did happen again. After a week back from vacation, continuing with the program and still no accidents, I decided to take a chance and stop wearing them. After that I finally told Dr. Zang about the wonderful and unbelievable news of what he had done for me. I felt human again and to this day still remain accident-free. Praise God for Dr. Zang! I tried to tell my doctor the good news so he could share it with other patients with this problem, but the nurse was very rude when I told her and the doctor still never returned my two calls after she passed it on to him. He wasn't interested or happy for me. I was disappointed in him, but felt a lot of joy and excitement in what Dr. Zang had done for me after giving up hope and accepting my condition, and after going thru many specialists, tests and a surgery for a number of years. In July, with all the continuous hot weather in Austin, I ended up with an allergy attack with problems breathing, chest and throat hurting, coughing, eyes itching and burning, ears hurting at times and head hurting. EMS did nothing but ask questions like a psychologist instead of treating me and not believing it could be allergies or asthma as I have had no history of it and not wheezing. (I am 55 years old and thanks to Dr. Zang, I never felt better in ages until this unbearable hot weather). After over a month of seeing different doctors, emergency hospital 3 times, and the after hour clinic two times, spending money to get more sick and hear that since my heart was checked, blood work and x-rays were done I was fine, except for high blood pressure (which I have never had a history of either), and was sent home. Once I was sent home, by a family practice doctor, with blood pressure medicine and told I did not have allergies or asthma sending me home still feeling very sick and more run down. That night I ended up in emergency again with blood pressure of 197 over about one hundred something (I can't remember, but I think 120 something). I believe my blood pressure was high because of all the stress and anxiety of being sick so long and not being properly diagnosed or treated. I haven't been taking high blood pressure medicine for some time and since I no longer have doctor. After repeat tests that were previously done, I was told my heart was fine, but had an infection and high blood pressure and sent home with prescriptions for an antibiotic, asthma medicine and an inhaler. A few days later my follow up appt. with my primary internal medicine doctor I had previously changed to, angrily took me off some of the medications including the antibiotic. She spent very little time with me, was very rude and said I didn't have an infection but didn't test me for or believe the emergency room doctor and sent me off quickly with a new prescription for blood pressure. Three days later I got really sick again and my throat and chest were hurting terribly. My doctor refused to get me into an allergy specialist sooner even though she said I did have allergies and high blood pressure and felt I was faking being ill. I dropped her as my primary and continued again on the antibiotic that had seemed to start working before she took me off of it. I then went to Dr. Zang to once again help me. By this time one and a half months had gone by and I was very run down. And once again Dr. Zang helped me get through being very sick. He never once rushed me in and out like the others and actually listened to me and treated me right away. He actually had done some things when I was in to see him for the weight program and the others were not helping me. I am not "sick" or run down anymore, but still have allergy problems and take over the counter allergy medicine. I believe I could eventually be free of it if Dr. Zang hadn't moved recently and I could continue with his treatments. I was very sad to see him leave as I finally found a real doctor who cared, listened and knew what was wrong with you and knew just how to treat the problem without depending on machines and drugs with side effects that made my stomach upset and gave me other problems. He is a gift from God. I will never forget what he has done for me. He is a very kind, caring and humble doctor with a great knowledge of the human body and a gift to heal people when many doctors and specialists couldn't. It's too bad insurance companies don't cover treatment that works and with no side effects. I feel that my health is more important and a priority, so it was well worth it. I could have saved myself a lot of money by going to him in the first place instead of wasting it on doctors in a hurry and who didn't care. If insurance companies only knew how much money they wasted on doctors and surgery that didn't help and how much they could save by covering this kind of treatment. I pray someday they will open their minds to this. However, I am glad I was blessed with Dr. Zang to treat me. I am very grateful to him and wish him and his family many blessings from God in their new move. The people who live in the state he moved to are very blessed to have him.

- Their great gain and my great loss----Austin's great loss. THANK YOU Dr. Zang!